

The Multi-Faces of IPV Across the Prairie Provinces: Men as Victims

Environmental Scan

May 2020



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Table of Contents

Acknowledgements	2
Introduction	4
Canada Wide	5
Manitoba	6
Support Lines.....	6
Victim Services.....	6
Shelter/Housing	7
Counselling/Support.....	15
Parenting/Children	21
Saskatchewan.....	23
Support Lines.....	23
Victim Services.....	23
Shelter/Housing	24
Counselling/Support.....	26
Parenting/Children	36
Alberta.....	38
Support Lines.....	38
Victim Services.....	38
Shelter/Housing	39
Counselling/Support.....	44
Parenting/Children	58

Executive Summary

This environmental scan reports on the agencies and programs available to men in Manitoba, Saskatchewan and Alberta who are victims of intimate partner violence (IPV). The scan includes a listing of organizations and a brief description of the services they provide for each province. The scope of the scan includes telephone support lines, victim services, shelter and housing, counselling and support, and services related to parenting and children affected by IPV. Agencies and programs are listed under these categories.

In addition to telephone support lines, and criminal justice services offered in different regions in each province, a total of 148 agencies and/or programs are listed in the scan. This includes 46 in Manitoba, 41 in Saskatchewan, and 61 in Alberta. However, many of these agencies/programs do not have specialized services for male survivors of IPV. For example, homeless shelters are included in the scan, because in most communities there are no shelters for men who experience abuse and men may have no other option for shelter when seeking safety. These shelters do not provide IPV specific services. There are differences in mandates and services offered to men by provincial violence against women shelters in each province. In Manitoba, these shelters are required to provide hotel accommodation for men fleeing violence and in Alberta there are five co-ed shelters. These shelters are listed under shelters/housing. Other shelters in Alberta and violence against women shelters in Saskatchewan will provide counselling, support and referrals to men and will assist men as much as possible even though accommodation is not provided. Therefore, these shelters are listed under counselling/support services.

Canada Wide

Police Emergency	911
RCMP Emergency	911
RCMP Detachments	http://www.rcmp-grc.gc.ca/detach/en
First Nations and Inuit Hope for Wellness Help Line – 24/7 Hours	1-855-242-3310
Indian Residential School Crisis Line – 24/7 Hours	1-866-925-4419
Veterans Crisis Help Line – 24/7 Hours	1-800-268-7708

Manitoba

Support Lines

Toll-Free Province Wide Domestic Abuse Crisis Line (24 Hour) 1-877-977-0007

Manitoba Suicide Prevention & Support Line 1-877-435-7170

Interlake-Eastern Regional Health Authority - Mental Health and Intake and Crisis Line at Corporate Office (Mental Health Support)

24 Hour Crisis Line: 204-482-5419

Toll Free: 1-866-427-8628

Crisis Chat Line (Monday to Friday 10am – 9pm) www.supportline.ca

Klinik Crisis Line 204-786-8686

Manitoba Farm, Rural & Northern Support Services Toll free: 1-866-367-3276

Manitoba Justice Victim Services

Manitoba Justice Victim Services provides support to victims of domestic assault throughout Manitoba when criminal charges have been laid against their partners. In addition, the program also provides support to families who receive assistance from the Winnipeg Police Services for domestic violence incidents that do not result in charges. This support includes court and criminal justice system information, liaison with the Crown attorney and other justice system staff, court preparation, court support/accompaniment (when possible), referrals for counselling, and safety and protection planning.

Toll-Free Manitoba Line 1-866-484-2846

Winnipeg Region (Winnipeg) 204-945-6851

Interlake/Eastman Region (Selkirk) 204-785-5213

Central Region (Portage la Prairie) 204-239-3378

South Central Region (Morris) 204-746-8249

Westman Region (Brandon) 204-726-7400

Parkland Region (Dauphin) 204-622-5080

Norman Region (The Pas) 204-627-8483

Thompson Region (Thompson) 204-677-6368

Domestic Violence Support Service

405 Broadway (Manitoba Justice Building)

Winnipeg, MB R3C 3LC

Phone: 204-945-6851 (Winnipeg Region Phone #, see below for other regions)

Toll-free: 1-866-484-2846

DVSS helps victims of domestic violence when criminal charges have been laid, as well as assists those who have gone to police for domestic violence incidents but have not had their case result in charges or arrests. They provide information about the court process and criminal charges so that individuals understand the justice system. They may also speak with Crown attorneys regarding specific concerns victims may have about their cases and can connect both parents and children to appropriate community resources through referral and advocacy. The DVSS also provides safety planning services, emotional support, and short-term counselling.

Central Region Phone	204-239-3378
Interlake Region Phone	204-785-5213
Parkland Region Phone	204-622-5080
Norman Region Phone	204-6278483
Thompson Region Phone	204-677-6368
Westman Region Phone	204-726-6515

Shelter/Housing

Shelters for Men Experiencing Violence/Abuse

The Men's Resource Centre of Manitoba

115 Pulford Street

Winnipeg, MB R3L 1X8

Phone: 204-415-6797

Toll-Free: 1-888-333-3121

Email: mrc@mens-resource-centre.ca

<http://www.mens-resource-centre.ca>

The Men's Resource Centre is the province's only service dedicated specifically to men who experience intimate partner violence. The emergency shelter program (ES) provides accommodation in Winnipeg hotels for men and their children fleeing from intimate partner violence. One housing unit is available for men who require transitional housing; priority is given to men with children. The ES also provides crisis intervention and ongoing case management to men. Other programs and services provided to men through the Men's Resource Centre include referrals and resourcing to other community or government resources, short term therapy, group

therapy and long-term therapy and a capacity building group for men who have been sexually abused as children.

A & O Support Services for Older Adults – Safe Suite

200-280 Smith Street (Main Office)

Winnipeg, MB R3L 1X8

Phone: 204-956-6440

Toll-Free: 1-855-672-6727

Email: intake@aosupportservices.ca

<https://www.aosupportservices.ca/>

The Safe Suite Program provides temporary housing for individuals aged 55 years and older, regardless of gender, who are in need of a safe place to stay due to abuse or neglect. Clients are provided with furnished accommodations for up to 60 days at no cost. Registered Social Workers provide counselling services and practical assistance in accessing housing, financial and legal services.

Provincial Violence Against Women Shelters

Shelters within Winnipeg refer men to the Men's Resource Centre. Manitoba shelters in rural communities that receive provincial funding have a mandate to provide men who experience abuse with off-site counselling. These shelters will also provide accommodations for men in hotels or will assist them in transferring to another location for shelter if no suitable location is available within the community.

Westman Women's Shelter (YWCA Brandon)

148 11th Street

Brandon MB, R7A 4J4

Phone: 204-727-3644

Email: ywca2@wcgwave.ca

www.ywcabrandon.com

The Brandon YWCA Westman Women's Shelter is an emergency shelter offering a short-term safe and supportive environment for abused women and their children; men requiring shelter are provided with accommodations in hotels off-site. Counselling services with a male counsellor are available to men through The Counselling Centre.

Parkland Crisis Centre

P.O. Box 651

Dauphin, MB R7N 2V4

Phone: 204-622-4626

Crisis Line: 1-877-977-0007

<http://parklandcrisiscentre.ca/index.php>

This center offers emergency shelter for women and children who experience domestic violence. Although men are not provided with accommodations within the shelter, they may access all other shelter services such as individual counselling and weekly support groups. Many support groups include information regarding domestic violence for both males and females. Men are also welcome to call the crisis line, which is available with information and referrals on a 24-hour basis.

Flin Flon Safe Haven

60 Hapnot Street

Flin Flon, MB R8A 1L6

Phone: 204-681-3105

www.womensresource.ca

The Woman's Safe Haven provides emergency housing for women and children. They also provide counselling and support services and are able to refer anyone they cannot immediately house to a different shelter or service.

Portage Family Abuse Prevention Centre

P.O. Box 1541

Portage La Prairie, MB R1N 3P1

Phone: 204-239-5234

Crisis Line: 204-239-5234

<https://www.abuseprevention.ca>

This agency is a safe place where women and children receive free, safe, and supportive emergency housing and are provided with support through individual and group counselling. The Centre is involved in many non-residential programs in the community that aim to prevent violence in families and relationships and to spread awareness around the issue.

Nova House

P.O. Box 337

Selkirk, MB R1A 2B3

Phone: 204-482-7882

Crisis Line: 204-482-1200

<https://www.novahouse.ca/>

Nova House is an emergency and transitional shelter for women and children experiencing domestic and family violence. They also offer a 24-hour crisis line,

assistance accessing community resources, and individual and group counselling for children. They provide service to individuals of all genders; those who do not identify as women are assisted through counselling and programs off-site.

Agape House

P.O. Box 3130

Steinbach, MB R5G 1P5

Phone: 204-326-6062

Crisis Line: 204-346-0028

Agape House is a non-profit organization that serves the Southeast region of Manitoba by providing emergency shelter for women and children, as well as both residential and non-residential counselling and outreach services. Men may be able to access their non-residential counselling programs and can also call the crisis line.

Aurora House

P.O. Box 3779

The Pas, MB R9A 1S4

Phone: 204-623-7427

Crisis Line: 204-623-5497

<https://www.aurorahouse-sharethecare.com>

Aurora House is a branch of The Pas Committee for Women in Crisis and is an emergency shelter that helps address domestic violence through support and education. They offer a 24-hour crisis line and refer any calls that are beyond their domestic violence mandate to other shelters or services. They do not currently offer shelter or specific programs for men seeking safety, but actively refer calls beyond their resources and capacity.

Thompson Crisis Centre

P.O. Box 1226

Thompson, MB R8N 1P1

Phone: 204-677-9668

24 Hour Crisis Line: 204-778-7273 or 1-877-977-0007

Email: tcc9668@mymts.net

<https://www.thompsoncrisiscentre.com>

Thompson Crisis Centre offers emergency shelter, counselling, children's programming, and healthy living programming. Men in need of emergency shelter are provided hotel accommodations and are provided with regular onsite counselling services. Referrals and advocacy services are also provided.

Genesis House

P.O. Box 389

Winkler, MB R6W 4A6

Phone: 204-325-9957

Crisis Line: 204-325-9800

<https://www.geneshouseshelter.ca>

This shelter is designed to empower women and children and to provide resources for women in abusive situations. They are located in Winkler, Manitoba, but cover a large region of the Southwestern part of the province. Men may be able to access the support groups and counselling services that this organization offers, even if they cannot be a part of residential treatment at this specific location.

Ikwe Widdjiitiwin (Ikwe)

P.O. Box 1056

Winnipeg, MB R3C 2X4

Phone: 204-987-2780

Toll-Free Crisis Line: 800-362-3344

www.ikwe.ca

Ikwe provides an emergency day shelter program for women and children fleeing an abusive relationship. They also offer assistance accessing housing, advocacy and referral services; men seeking assistance can utilize this organization to access other resources and programs if necessary. Their crisis line is also available to anyone experiencing violence or abuse, regardless of gender.

Willow Place

P.O. Box 397

Winnipeg, MB R3C 2H6

Phone: 204-615-0313

Crisis Line: 204-615-0311

<https://willowplaceshelter.ca/>

Willow Place is a family violence agency that supports healthy relationships by providing emergency shelter in Winnipeg for women and their children. Although they do not offer residential services for men, they support men on their 24 hour crisis line and they partner with Winnipeg Child and Family Services to support men through the Caring Dads program.

Transitional Housing

Brandon Friendship Centre

836 Lorne Avenue

Brandon, MB R7A 0T8

Phone: 204-727-1407

Project HOPE: 204-729-8115

Email: bfcaccess@mts.net

<http://www.brandonfriendshipcentre.net>

<http://www.brandonfriendshipcentre.com/project-hope.php>

Brandon Friendship Center aims to provide programs and services to all individuals with an emphasis on Aboriginal people, culture, and heritage. Project HOPE is a transitional housing program offered through the Brandon Friendship Centre that provides for those in difficult times, including emergency shelter.

Meredith Place Transitional Shelter (YWCA Brandon)

148 11th Street

Brandon, MB R7A 4J4

Phone: 204-571-3680

Email: ywcaadmin@wcgwave.ca

<https://www.ywcabrandon.com/meredith-place-transitional-shelter>

YWCA Meredith Place is a co-ed transitional housing facility with supervised care for individuals struggling to find permanent housing. Emergency Family Units are also available for families who are experiencing a crisis. Residents of Meredith Place are provided with shelter, meals, support, referrals and information to assist them in acquiring the necessary skills to move towards their maximum level of independence. The Peaceful Futures Program is run through Meredith Place for couples dealing with past partner abuse who would like to learn new coping strategies is also run through Meredith Place.

MAPS (Men Are Part of the Solution)

117 Commercial Place

Thompson, MB R8N 1T1

Phone: 204-778-6040

Email: maps@mymts.net

<http://www.menarepartofthesolution.com>

Through their transitional housing shelter, Phoenix House, MAPS provides sober living and counselling programming for men who behave abusively or who have been victimized. Individual and group counselling services are free of charge. Housing can accommodate 12 people; tenants pay room and board. This program works primarily with men who are struggling with addiction, but their overall goal is to create healthy relationships for men and their partners and families.

YWCA Thompson

39 Nickel Road

Thompson, MB R8N 0Y5

Phone: 204-778-6341

Email: accmgr_ywca@mts.net

<http://www.ywcathompson.com>

This agency offers short-term transitional residence for women and children as well as men. The YWCA assists and provides support for individuals to gain their independence. They offer affordable daily room rates, as well as more long-term monthly options if necessary. Information about community resources is provided to residents and the YWCA have partnered with the Thompson Crisis Centre to offer counselling by appointment.

Homeless Shelters

Homeless shelters may provide more accessible emergency shelter for men, but they do not provide intimate partner violence specific services and do not always allow men to be accompanied by their children.

Brandon Housing First Program

656 6th Street

Brandon, MB R7A 3P1

Phone: 844-937-8622

Toll Free: 1-844-937-8622

Email: info@brandonhousingfirst.ca

<http://brandonhousingfirst.ca>

This agency aims to help end homelessness by assisting families and individuals with housing and necessary support services and may offer assistance with rental costs. Once individuals or families have been set up in a Housing First apartment, they will have their own Housing First worker who will assist with any complications arising from the transition.

Thompson Homeless Shelter

115 Churchill Drive

Thompson, MB R8N 0L5

Phone: 204-677-0976

Thompson's homeless shelter is a co-ed facility that provides overnight, emergency shelter for up to 24 individuals. They do not allow people under 18 to use their facilities, but do have an outreach worker on site who advocates on behalf of clients and who can refer men with children to the possible sources of help for their situation.

Main Street Project

2nd Floor 661 Main Street
75 Martha Street (shelter location)
Winnipeg, MB
Phone: 204-982-8229
Email: admin@mainstreetproject.ca
<https://www.mainstreetproject.ca/>

Shelter and crisis services are available through the Main Street Project drop-in. Some transitional housing is available for individuals. Residents have access to various community programs and recreational activities. Shelter is provided only to individuals 18 years of age and older.

Salvation Army Booth Centre

180 Henry Avenue
Winnipeg, MB R3B 0J8
Phone: 204-946-9400
SonRise Village Family Shelter: 204-946-9471
info@wpgboothcentre.ca

Booth Centre Ministries has the capacity to offer temporary accommodations and meals for up to 250 men and women. Although the Salvation Army's services are intended for adults, the center also has the SonRise Village Family Shelter, a shelter meant specifically for families, headed by women or men, who need a safe place to stay.

Siloam Mission

300 Princess Street
Winnipeg, MB R3B 1M3
Phone: 204-956-4344
Toll-Free: 1-866-648-4673
info@siloam.ca

Siloam Mission provides Hannah's Place which is an emergency shelter for community members experiencing homelessness or crisis situations. Guests have access to hygiene items, washrooms, and showers. Currently Siloam Mission is not able to accommodate individuals under the age of 18.

Counselling/Support

First Nation Healing Centre

P.O. Box 365

Koostatak (Fisher River), MB R0C 1S0

Phone: 204-645-2750

Toll Free: 1-800-692-6270

www.firstnationhealingcentre.ca

First Nation Healing Centre provides housing, for women and children who are victims of violence while promoting traditional healing. Men are offered supportive counselling to address physical, mental, social, emotional and spiritual needs on a non-residential /outreach basis. Additional programs such as anger management and art therapy are also offered.

Nisichawayasihk Cree Nation (NCN) Women's Shelter

22 Otetiskiwin Drive

Nelson House, MB R0B 1A0

Shelter Landline: 204-484-2634

24 Hour Line: 204-679-1996

<https://www.ncncree.com/community-facilities-and-programs/ncn-womens-shelter/>

The NCN Women's Shelter provides temporary shelter for women and their children and provides counselling, family violence programs, Elder support, and childcare. Although they are not able to provide accommodations for men, NCN offers the same counselling and support groups to men that are provided to women. NCN also partners with many other programs in the community to offer presentations about domestic violence and healing ceremonies.

Jean Folster Place Women's Shelter

P.O. Box 250

Norway House, MB R0B 1B0

Phone: 204-359-3444

Crisis Line: 877-885-5889

Jean Folster Place offers emergency shelter for women and children. While no formal services for men are provided, men seeking assistance will be referred to the Community Wellness Program. Men may also be able to speak with a mental health therapist who provides counselling services to individuals at the shelter.

Mamawehetowin Crisis Centre

P.O. Box 133

Pukatawagan, MB R0B 1G0

Phone: 204-553-2198

Crisis Line: 866-432-1041

This shelter provides women and children experiencing domestic abuse with temporary secure shelter. Support groups, walk-in counselling, crisis counselling, referrals and a follow-up program are provided. Appropriate referrals are provided to men.

Wechihin Waskkahikan Women's Shelter

P.O. Box 126

Shamattawa, MB R0B 1K0

Phone: 1-204-565-2548

Wechihin Waskkahikan is an emergency shelter for abused women and their children. They currently do not have the resources in the community to provide residential treatment or shelter for men, but they will refer men to the Child and Family Services Family Enhancement Program in the community for support.

Lakeshore Women's Resource Centre

2nd Avenue N // P.O. Box 628

Ashern, MB R0C 0E0

Phone: 204-768-3016

Email: lwrc@mts.net

This agency provides services such as individual counselling, crisis intervention, court accompaniment, advocacy, and group counselling at no cost. They offer programming for both men and women and will provide safe transport for men seeking shelter to a hotel or a men's shelter.

The Counselling Centre

335 9th Street

Brandon, MB R7A 4A8

Phone: 204-726-8706

Email: info@counsellingcentre.ca

<https://counsellingcentre.ca>

The Counselling Centre offers individual, couple, family, and group counselling. Counselling may cover a wide variety of issues including stress management, conflict resolution, and crisis counselling. Counselling is typically short-term, but varies on an individual basis.

Beatrice Wilson Health Centre

245 Waller Road

Opaskwayak, MB R0B 2J0

Phone: 204-627-7410

Email: info@ocnhealth.com

In addition to primary health care services, the Beatrice Wilson Health Centre offers services to promote mental health to individuals of all ages and genders. They offer counselling, couples therapy, parenting support, psychiatric assessments, and anger management programs. They also stand by Jordan's Principle and will provide referrals to many areas of care for children who need support.

Survivor's Hope Crisis Centre

P.O. Box 925

Pinawa, MB R0E 1L0

Phone: 204-753-5353

Sexual Assault Crisis Line: 1-888-292-7565

Crisis Line: 1-888-322-3019

<http://survivors-hope.ca>

Survivor's Hope offers crisis intervention, support and information to survivors and secondary victims of sexual assault in North Eastern Manitoba. The SARAH (Sexual Assault Recover and Healing) program provides support through crisis intervention, hospital accompaniment, and referrals. This program operates through a number of regional health care centers. Brief crisis counselling and referral information are available by phone.

Aboriginal Health & Wellness Centre of Winnipeg (AHWC)

215-181 Higgins Avenue

Winnipeg, MB R3B 3G1

Phone: 204-925-3700

Email: reception@ahwc.ca

<http://ahwc.ca>

AHWC offers a variety of programs for children, former Indian Residential School students, and individuals struggling to maintain a permanent residence. Traditional and contemporary healing is offered through the AHWC Wellness Clinic. They also offer a program specifically dedicated to providing services for Aboriginal men and their families who may have experienced family violence or other harmful behaviours.

Couples Counselling Project

The University of Manitoba

485 Selkirk Avenue

Winnipeg, MB R2W 2M6

Phone: 204-474-6711

Email: couples@umanitoba.ca

http://umanitoba.ca/faculties/social_work/research/667.html

The Couples Counselling Project is a research project that offers therapy to couples who have experienced violence in the past and are working toward rebuilding trust and interpersonal skills to prevent future violence. The project is appropriate for couples who have experienced abuse or violence in their relationships in the past but the violence has stopped and the couple is committed to working toward a non-abusive relationship.

The Crisis Response Centre

817 Bannatyne Avenue

Winnipeg, MB R3E 0W4

Phone: 204-940-1781

<http://wrha.mb.ca/prog/mentalhealth/files/CRCbulletin2013NL7FIN.pdf>

This agency offers outreach, scheduled, and walk-in assessment and treatment for individuals experiencing a mental health crisis. The Centre is focused on dealing with acute distress and resolving immediate crisis such as anxiety, depression, suicidal thoughts, or urgent ongoing mental health conditions. This center is also the base for the mental health Mobile Crisis Team. A spiritual room is available for smudging.

Aurora Family Therapy Centre

University of Winnipeg

515 Portage Avenue

Winnipeg, MB R3B 2E9

Phone: 204-786-9251

Aurora Family Therapy offers a variety of therapy services, including counselling for individuals, families, couples, newcomers, and groups. Families go to Aurora for issues regarding communication, parenting, blended families, divorce, grief, trauma, anger, and violence.

Family Dynamics

Portage Place Mall
 401-393 Portage Avenue
Winnipeg, MB R3B 3H6
 Phone: 204-947-1401
 Email: info@familydynamics.ca
<http://www.familydynamics.ca>

Counselling, in-home family support, a parent coach program, art therapy, and other family resources/programs are offered through Family Dynamics. Fees are based on family income, family size and ability to pay. No one is refused service for inability to pay.

John Howard Society of Manitoba

583 Ellice Avenue
Winnipeg, MB R3B 1Z7
 Phone: 204-775-1514
 Email: office@johnhoward.mb.ca
<http://www.johnhoward.mb.ca/wp/>

153 8th Street
Brandon, MB R7A 3W9
 Phone: 204-727-1696
<http://www.brandonjohnhoward.ca>

The John Howard Society aids men who are, or have been previously, involved in the justice system with their reintegration into the community through programming, support, advocacy, and referrals. They offer programs and classes that address such topics as aggression, positive parenting, healthy relationships, and literacy skills.

Klinik Community Health

167 Sherbrook Street
Winnipeg MB, R3C 2B7
 Phone: 204-784-4090
 Crisis Line: 204-786-8686
 Toll Free: 1-888-322-3019
 Family Violence Intake Counsellor: 204-784-4059
 Email: klinik@klinik.mb.ca
<http://klinik.mb.ca/>

Klinik Community Health offers a full range of health-related services including medical care, counselling and education. Free crisis counselling is provided through telephone and online support and through drop-in counselling services that are open to individuals of all ages, genders and backgrounds. Klinik's Post Trauma Counselling Program provides individual and group counselling to address trauma

related to abuse or violence that occurred in childhood. The Sexual Assault Crisis Program provides short term counselling to sexual assault survivors of any gender. Clinic also offers the Evolve Family Violence Counselling Program for individuals and families who have been affected by domestic abuse. Although the services for men through Evolve include counselling to men who are concerned that their behavior is hurting their relationship, Evolve provides counselling to parents and children in situations where domestic abuse is currently an issue or has occurred in the past.

Ma Mawi Wi Chi Itata Centre

445 King Street (Main Site)

Winnipeg, MB R2W 2C5

Phone: 204-925-0300

Toll Free: 1-888-962-6294

Email: info@mamawi.com

<http://www.mamawi.com>

Ma Mawi Wi Chi Itata Centre offers a wide variety of services to Aboriginal individuals of need and has three neighborhood sites. Some of these services include emergency services, home-based crisis intervention, parenting groups, and personal growth and development groups. Their open groups are open to anyone wishing to attend, while their closed group requires registration and acceptance into the program. The Spirit of Peace program addresses family violence in separate programs for men, women and youth. This program offers counselling, advocacy, referrals, and cultural and spiritual healing practices for men, women, and children who have experienced violence.

Psychological Service Centre

The University of Manitoba (Fort Garry Campus)

161-173 Dafoe Building

105-115 Fletcher Argue Building

Winnipeg, MB R3T 5V5

Phone: 204-474-9222

The Psychological Service Centre accepts referrals for therapy and assessment from the general public during the academic year (September-April). Services are provided at no charge, but the waiting list can be long due to the limited space. This centre is also not able to provide emergency services or psychological services for legal matters.

Parenting/Children

Brandon Access Exchange Service (BAES)

144 12th Street

Brandon, MB R7A 4L7

Phone: 204-729-8115

Email: bfcaccess@mymts.net

<http://www.brandonfriendshipcentre.com/brandon-access-exchange-service.php>

BAES is a parent and child visitation access program run by the Brandon Friendship Centre. This program provides services such as supervised visits and exchanges for non-custodial parents and children in a neutral and child centered setting. BAES is voluntary unless court ordered and both parents must initiate contact with BAES before the application process starts. Supervised visits are \$10 for a 2-hour visitation and supervised exchanges have a fee of \$5.

Futures

125 Commercial Place

Thompson, MB R8N 1T1

Phone: 204-667-7820

futures@marymound.com

Futures is a community-based program in Thompson that is run by Marymound. They provide programming for families with young children including men/fathers. Their Caring Dads program is geared towards fathers who are offenders in family violence; however, portions of the program could be useful for victims as well. Future's Relationship Shifts program is universal and can be utilized by anyone experiencing different forms of intimate partner violence. Finally, their Daddy and Me group is not centered on domestic violence, but offers men support through building relationships with other dads in the community while their children play.

Alloway Therapy Services

468 Academy Road

Winnipeg, MB R3N 0C7

Phone: 204-284-0466

Email: lynne@allowaytherapy.com

Alloway is a multifaceted therapeutic team that offers services to individual children, as well as their caregivers and families. In addition to play therapy and EMD, they offer a program specifically for families experiencing conflict. Families in Transition provides services for families going through change due to divorce or separation. Treatment for children of high conflict divorce and education for parents is offered. Individual parent and individual children's therapy are available, as well as parent/child therapy, which can

help facilitate parent-child communication through separation. Fees are determined by the nature of the services being utilized, but can be flexible.

Better Fathers

794 Ellice Avenue

Winnipeg, MB

Phone: 204-782-7987

Email: better_fathering@mts.net

<https://betterfathersinc.wordpress.com>

Better Fathers is a free program that provides men in fathering roles with group work to help improve themselves and their parenting skills. Individual counselling, workshops and seminars are offered. Men can self-refer or be referred through Child and Family Services, Justice, lawyers, family service professionals, friends of members, or past group members. Childcare during sessions is available.

New Directions Parenting Centre

3rd Floor 717 Portage Avenue

Winnipeg, MB R3G 0M8

Phone: 204-786-7051

<https://newdirections.mb.ca>

This agency provides services such as counselling, assessment, support, prevention, and education for parents and children. The family therapy program is designed for families who are experiencing significant difficulties that affect their family life such as couple conflict and domestic violence. Family counselling and individual counselling are available. Services are free of charge.

Winnipeg Children's Access Agency

385 River Avenue

Winnipeg, MB R3L 0C3

Phone: 204-284-4170

Toll Free: 1-866-886-6153

<http://www.wcaa.ca>

WCAA offers a range of supervised visitation programs for children and their family members who have experienced some level of conflict. The programs are child-focused and strive for consistency, safety and respectful communication. Both parents are required to contact the agency to apply for services. This agency allows children who may not otherwise have contact with their parents to visit with them in a safe space.

Saskatchewan

Support Lines

Sask HealthLine www.healthlineonline.ca	881
Saskatchewan Farm Stress Line – 24/7 Hours	1-800-667-4442
West Central 24/7 Crisis Line:	306-463-1860
24/7 Mobile Crisis Helpline:	306-757-0127

Victim Services

The Victim Services program in Saskatchewan works with police in assisting victims during the aftermath of a crime or tragedy and throughout the criminal justice process. Services offered include crisis intervention, information and support, and referrals to other programs and services. Victim Services are currently being expanded province-wide, and new police jurisdictions will be added as services come available.

Regina	306-787-3500
Regina (Witness Services)	306-787-3883
Regina (Domestic Violence Victim Services)	306-757-6675
Prince Albert	306-953-2353
Prince Albert (Witness Services)	306-953-2798
Battlefords	306-446-1550
La Ronge	306-425-4576
Meadow Lake	306-236-0461
Saskatoon	306-933-5173

Shelter/Housing

Homeless Shelters

Homeless shelters provide emergency shelter for men, but they do not provide intimate partner violence specific services and do not always allow men to be accompanied by their children.

Salvation Army Waterston Centre

1845 Osler Street
Regina, SK S4P 1W1
 Phone: 306-569-6088

The Waterston Centre's emergency shelter program seeks to temporarily meet the housing needs of those who may be homeless or without another place to go. Residents have access to a bed, laundry, and three meals a day. Caseworkers are available to help men determine what their next steps will be and can advocate for or refer residents to other agencies if required.

Souls Harbour Rescue Mission

3535 8th Avenue
 1632 Angus Street (shelter location)
Regina, SK S4T 0T6
 Phone: 306-543-0011
<https://www.shrmsk.com>

Souls Harbour provides emergency shelter for men experiencing crisis. Men at the shelter are encouraged to participate in their meal program and access washrooms, showers, and other hygiene supplies.

Our House - YWCA Prince Albert

94 15th Street East
Prince Albert, SK S6V 1E8
 Phone: 306-922-6162
 Email: ednabruce.ywca@sasktel.net
<http://www.ywcaprincealbert.ca>

Our House is an adult crisis shelter for men and women. Children are not accepted into the shelter. Individuals accessing the shelter are provided with hygiene supplies, access to education and learning, assistance accessing income support and housing, 24 hour client support staff, LBGTQ sensitive programming, and addictions and domestic violence information and referrals.

In addition to the crisis shelter services for men and women, Our House has seven rooms designated as transitional housing where clients may rent up to a year and receive support.

Lloydminster Men's Shelter

5001 48th Avenue

Lloydminster, SK S9V 0V8

Phone: 306-825-3977

This shelter provides short-term emergency accommodation for adult men. While only men can stay in the shelter, support and food are provided to men, women and children.

Salvation Army Crossroads Residential Services

339 Avenue C South

Saskatoon, SK S7M 1N5

Phone: 306-244-6280

Crossroads offers shelter for adult men who have no other home. They provide food, hygiene essentials, and a warm place to sleep. Residents have access to case workers who help with developing case plans that may include linking to other community resources like housing, treatment, education, and/or employment.

The Lighthouse Supported Living

304 2nd Avenue S

Saskatoon, SK S7K 1L1

Phone: 306-653-0538

Email: hello@lighthousesaskatoon.org

<https://www.lighthousesaskatoon.org>

The Lighthouse Supported Living facility offers emergency shelter for men who have no home or safe place to go to. Though they primarily offer services to homeless individuals, the emergency shelter is for anyone who is experiencing an unsafe living situation. Children cannot be taken in at the shelter, but staff and counselors may be able to refer those with children to alternate services or resources. Following emergency shelter, individuals can also apply for the Lighthouse's safe and affordable housing suites.

Counselling/Support

Note: Women's shelters in Saskatchewan will provide counselling and support for men who have experienced intimate partner violence, as well as provide a referral to homeless shelters or safe transportation to another location. These shelters may also connect men with social services that can provide emergency short term accommodations in hotels.

Qu'Apelle Haven Safe Shelter

P.O. Box 457

Fort Qu'Appelle, SK S0G 1S0

Phone: 306-332-6881

Toll-Free Crisis Line: 1-888-332-7233

Qu'Apelle Haven is an emergency shelter for women and children leaving abusive situations. Services include also counselling, group therapy, healing circles, parenting skills, and other activities that help families adjust to abuse-free lifestyles. Programs and services also are provided to and focus on the well-being of the children.

Piwapan Women's Centre

P.O. Box 888

La Ronge, SK S0J 1L0

Phone: 306-425-3900

Crisis Line: 306-425-4090

<http://www.pwcprograms.com>

Piwapan Women's Shelter offers emergency shelter for women and their children who are experiencing family violence and abuse. Shelter staff will provide support and assistance with personalized safety plans, group counselling, finding new living accommodations, applying for financial support, referrals to legal & medical services, assistance with job search and transportation to and from appointments. The outreach programs and the crisis line of this agency are available to men and may and provide support, advocacy, referrals, and educational programming. Piwapan also provides individual support, networking, referrals, advocacy, education and activities for survivors of sexual assault.

Waskoosis Safe Shelter

Meadow Lake, SK S9X 1T7

Phone: 306-236-5570

Crisis Line: 306-236-5570

Waskoosis provides emergency shelter and support services for women and their children experiencing domestic violence. Advocacy and referrals to appropriate

agencies are provided to men who can also access the shelter's crisis line and receive telephone counselling.

Wichihik Iskwewak Safe House (WISH)

(no public address)

Regina, SK

Phone: 1-306-543-0493

WISH provides temporary shelter, individual and group support, and counselling to women and children fleeing from domestic violence. Both traditional and western therapy methods are used. They also offer advocacy and referral for men.

Yorkton Tribal Council Project Safe Haven

21 Bradbrooke Drive (head office)

Yorkton, SK S3N 0P3

Phone: 306-782-8838

Toll-Free Crisis Line: 1-877-444-2836

This shelter provides a supportive and safe place for women and children experiencing domestic violence. Their services include counselling and referrals to legal aid, social services, mental health and addiction services. Holistic healing and access to Elders are available upon request. Though Safe Haven cannot currently provide accommodation for men, men are encouraged to call the 24 hour crisis line for referrals and assistance.

Lloydminster Interval Home

P.O. Box 1523

Lloydminster, SK S9V 1K5

Phone: 780-875-0609

Crisis Line: 780-875-0966 (call), 780-808-1777 (text)

Community Outreach Workers: 780-808-5282

<https://www.intervalhome.org>

The Lloydminster Interval Home provides emergency shelter to women and their children experiencing family violence or other crisis. Services offered at this shelter include information and support to abused women, referrals to other community resources, support programs for families, and residential programming for women and children. They also engage schools and the community in violence prevention programs and spread awareness about family violence. Men can contact their Community Family Violence Outreach Workers, who will provide referrals and help them to explore decisions about next steps.

North East Outreach & Support Services (North East Women's Shelter)

Melfort, SK S0E 1A0

Phone: 306-752-9464

Crisis Line: 1-800-611-6349 (24/7)

Email: adm@noess.ca

North East Outreach and Support Services enhances the safety and wellness of individuals and families who are experiencing family violence, sexual assault, and crisis in the North East region of Saskatchewan. They provide short term emergency shelter and support services for women and their children fleeing domestic violence situations. Men can be provided with support through the crisis line and supportive counselling and advocacy. They also provide assistance accessing accommodations and can help individuals make plans for their safety and well-being.

Moose Jaw Transition House

P.O. Box 1866

Moose Jaw, SK S6H 7N6

Phone: 306-630-5191

Crisis Line: 306-693-6511

Email: thousedir@sasktel.net

<https://www.mj-transitionhouse.com>

This shelter is a safe and secure place for women and children to stay. Although they cannot accept men, staff refer men to government and community agencies and assist them with finding accommodations. Their community outreach program also offers programming to males and females over the age of 13 who live in the area. Their 24-hour crisis line is available to men or women and telephone counsellors refer men in unsafe situations to other services.

Battlefords Interval House

North Battleford, SK S9A 1H7

Phone: 306-445-2742

Crisis Line: 306-445-2742

Email: info@battlefordsintervalhouse.ca

Interval House provides emergency shelter and support services for women and children experiencing abuse. Staff onsite refer men seeking shelter to other resources and provide transportation services. Their 24-hour crisis line is also available to men experiencing abuse.

Prince Albert Safe Shelter

P.O. Box 21025 C.H.P.O.
Prince Albert, Saskatchewan S6V 8A4
 Phone: 306-764-7233
www.pasafeshelter.ca

The shelter provides temporary emergency shelter, support, transportation, referrals and resources to women and children experiencing any kind of abuse. Men are referred to appropriate community agencies and resources.

Isabel Johnson Shelter - YWCA Regina

1940 McIntyre Street (main office)
Regina, SK S4P 2R3
 Phone: 306-525-2141

Isabel Johnson Shelter provides emergency shelter and support services for women and their children experiencing family violence. Men are referred to other accommodations. YWCA Regina has many programs and workshops available to men in the community. Workshop topics include healthy relationships and violence prevention, healthy masculinity, and consent training.

Regina Transition House

P.O. Box 1364
Regina, SK S4P 3B8
 Phone: 306-757-2096
 Email: info@reginatransitionhouse.ca
www.reginatransitionhouse.ca

Regina Transition House provides emergency shelter and support services to women and children fleeing family violence. Although men are not accepted in the shelter, staff will assist men fleeing domestic violence to find other accommodations and support/counselling.

Saskatoon Interval House

Saskatoon, SK
 Phone: 306-244-0185
 Toll-Free Crisis Line: 1-888-338-0880
info@saskatoonintervalhouse.org

Interval House provides emergency shelter and support services for women and children experiencing abuse. Staff onsite refer men seeking shelter to other resources and provide transportation services. Their 24-hour crisis line is also available to men experiencing abuse.

YWCA Saskatoon Emergency Shelter

510-25th Street E
Saskatoon, SK S7K 4A7
 Phone: 306-244-2844

The YWCA Saskatoon offers short-term emergency shelter for all women and children who are in need of a safe place to stay for up to 30 days. The shelter welcomes clients experiencing a variety of challenges including domestic abuse, homelessness, addiction, and mental health issues. There is crisis counselling, assistance with conflict resolution, and referrals to other agencies or professionals. Men experiencing intimate partner violence can contact the shelter to receive information and referrals.

Shelwin House

(no public address)
Yorkton, SK
 Phone: 306-783-7233
 Toll-Free Crisis Line: 1-888-783-3111

Shelwin House provides short term emergency shelter and support services for women and their children fleeing domestic violence situations. Men receive assistance for accommodations and are referred to other agencies, advocacy groups, legal aid, social services, and police services. Men can also contact Shelwin's 24-hour crisis line.

Envision Counselling and Support Centre

Carlyle Office
 P.O. Box 1017
Carlyle, SK S0C 0R0
 Phone: 306-453-2405

Oxbow Office
 P.O. Box 511
Estevan, SK S4A 2A5
 Phone: 306-483-5555

Estevan Office
 P.O. Box 511
Estevan, SK S4A 2A5
 Phone: 306-637-4004

Weyburn Office
 120 3rd Street S
Weyburn, SK S4H 2C2
 Phone: 306-842-8821

Email: info@envisioncounsellingcentre.com
<http://envisioncounsellingcentre.com>

Counselling, workshops, groups and support are available for individuals, families, and couples who are survivors of abuse, violence, sexual assault, stalking or harassment. All services are free of charge. The Interpersonal Violence and Abuse Program provides counselling support to anyone who may have experienced abuse or violence, regardless of gender.

Hudson Bay Family & Support Centre

P.O. Box 403

Hudson Bay, SK S0E 0Y0

Phone: 306-865-3064

Email: hbfamilyandsupport@sasktel.net

https://www.hbfamilyandsupport.ca/Home_Page.php

The Hudson Bay Family and Support Centre offer ongoing crisis support, advocacy, and referrals for families and individuals in distress. Support workers in the Family and Personal Violence Prevention and Support Program provide information, referrals, crisis assistance and response, assistance to a safe place or shelter, accompaniment to legal, medical and financial appointments, and court support and preparation. The Family Support Program for at-risk families provides intensive, in home support with family support workers helping parents to foster healthy development of families and their children. Referrals to other agencies and resources are also provided.

Partners Family Services

231 Main Street

P.O. Box 2741

Humboldt, SK S0K 2A0

Phone: 306-682-4135

Email: admin@partnersfamilyservices.ca

<https://www.partnersfamilyservices.ca>

This agency works men and women who have experienced or are at risk of experiencing interpersonal violence. Clients work with social workers to increase physical and emotional safety. 24/7 services are available to aid individuals experiencing crisis and in need of immediate and short-term support. Counselling services do not require referral or diagnosis and are available for adults experiencing a variety of challenges. There is currently no fee for any services provided.

Lloydminster Sexual Assault Services

5011 49th Avenue

Lloydminster, SK S9V 1R5

Phone: 306-825-8255

Email: reception.lsaic@sasktel.net

<http://www.lloydminstersexualassault.com>

This center provides support for all sexual assault survivors of all ages and genders. Individual crisis intervention sessions are provided free of charge. RCMP, hospital, and court accompaniment are available, as well as group counselling sessions.

Battlefords & Area Sexual Assault Centre

1211 98th Street

North Battleford, SK S9A 0L8

Phone: 306-445-0055

Email: basac@sasktel.net

<http://basac.ca>

At Battlefords & Area Sexual Assault Centre, counselling for short or long term periods are free of charge for all sexual assault survivors of all genders and ages. Prevention programming is also offered. This agency also provides various advocacy services such as RCMP accompaniment, court accompaniment, and medical support.

Catholic Family Services of the Battlefords

101-1272 101st Street

North Battleford, SK S9A 0Z8

Phone: 306-445-6960

battlefords.cfs@sasktel.net

<https://battlefordscfs.ca>

This Catholic agency offers services regardless of religious affiliation or economic situation. Services include counselling, family support services, and support for children exposed to violence. Their Family Violence Outreach Program provides prevention, intervention, and therapeutic services to victims of violence. They also offer programs specifically for children who have been exposed to interpersonal violence.

Prince Albert Catholic Family Service

300-1008 1st Avenue W

Prince Albert, SK S6V 4Y4

Phone: 306-922-3202

Toll-Free: 1-877-922-3202

cfspace@sasktel.net

<https://www.cfspace.ca>

This agency offers a variety of programs that incorporate Christian principles for children, adolescents, and parents. After the Storm is a support group for survivors of intimate partner violence; a survivor is defined as anyone who recognizes they need support to live an abuse-free life. There is a \$20 fee for this program. Riding the Wave is a free of charge program that aims to help parents and children who have experienced or witnessed violence and abuse to understand and cope with their experiences. There is no fee for this specific program and transportation/childcare are available.

Prince Albert Mobile Crisis Unit

Unit C – 4050 2nd Avenue W

Prince Albert, SK

Crisis Line: 306-764-1011

Sexual Assault Line: 306-764-1039

Administration Line: 306-763-8181

<https://www.pacrisis.ca>

Mobile crisis provides support for those facing immediate crisis. Short and long term sexual assault counselling sessions are available for any individual affected by sexual assault. Crisis Counsellors provide support to victims of domestic violence in Prince Albert, regardless of gender. Intervention orders can be applied for through the mobile crisis unit and safety plans can be developed for women/children/men who are unable to go into shelter.

The Circle Project – Family Violence Program

1102 8th Avenue

Regina, SK S4R 1L9

Phone: 306-347-7515

<https://www.circleproject.ca/cp2015/>

As a community agency, the Circle Project works with individuals and families to break the cycles of violence. Through the Family Violence Program families are guided through the healing process and are given the tools to develop skills for preventing unhealthy conflict.

Family Service Regina

200-1440 Broadway Avenue

Regina, SK S4P 1E2

Phone: 306-757-6675

Email: info@familyserviceregina.com

Family Service Regina is committed to being involved in the community and strengthening families and individuals through their programs and resources. They offer support and groups specifically for those who have been impacted by domestic violence; some are drop-in while others require registration and multiple sessions. Support is also offered through safety planning and counselling, over the phone or in person. Counselling fees are determined based on a sliding scale and it is also possible to have them subsidized if the client is unable to pay.

Regina Sexual Assault Centre Inc.

1830 Mackay Street
Regina, SK S4N 6R4
 Crisis Line: 306-352-0434
 Toll-Free: 1-844-952-0434
<https://www.reginalsexualassaultcentre.ca>

The Regina Sexual Assault Centre provides counselling and advocacy for individuals, families, and groups. They also offer workshops and workplace training centered on sexual assault and sexual violence.

Family Service Saskatoon

102, 506 25th Street E
Saskatoon, SK S7K 4A7
 Phone: 306-244-0127
 Domestic Violence Court Caseworker: 306-975-8212
 Email: info@familyservice.sk.ca

This agency offers services and leadership that support individuals and families in creating safe and healthy relationships. They have walk-in counselling services, as well as many low cost or free family and individual programs. They also have Domestic Violence Court Caseworkers who are available at no cost. These workers ensure that victims of domestic violence are supported throughout their court case and provide encouragement toward victims during trial.

Saskatoon Crisis Intervention Service

103-506 25th Street E
Saskatoon, SK S7K 4A7
 Phone: 306-933-6200
 Email: info@saskatooncrisis.ca
<https://saskatooncrisis.ca>

Saskatoon Crisis Intervention Service offers services such as mobile crisis services, crisis management, and housing first programming. Crisis services are offered free of charge and are based on an assessment by a crisis worker.

Saskatoon Sexual Assault & Information Centre (SSAIC)

Suite 201-506 25th Street East
Saskatoon, SK S7K 4A7
 Phone: 306-244-2294
 Crisis Line: 306-244-2224
 Email: SSAIC@sasktel.net
<https://ssaic.ca>

SSAIC provides services to any individual who has been impacted by sexual violence, including sexual violence in intimate partner relationships. Individual and

group counselling services are available, as well as survivor support services. Men can also call their 24-hour crisis line.

South West Crisis Services

P.O. Box 1102

Swift Current, SK S9H 3X3

Phone: 306-778-3386

Toll-Free: 1-800-567-3334

Email: swcsoutreachmanager@sasktel.net

<https://www.swcrisis.ca>

South West Crisis Services offers a crisis line, which is open to individuals of all genders and ages. Information, referrals, support and assistance are available through the crisis line. They have also implemented a Male Outreach Program, which aims to provide both males and females experiencing family violence with support, as well as to provide education in developing healthy family relationships.

SIGN Counselling Services

83 North Street

Yorkton, SK S3N 0G9

Phone: 306-783-9409

Email: signadmin@sign-yorkton.org

<https://signyorkton.ca>

SIGN offers free of charge counselling services for individuals, couples and children who have experienced family violence. Services are available through referral and self-referral. Safety planning, agency referrals, and culturally appropriate programming as needed or requested are all offered through this agency. SIGN also has a specific Family Violence Program which provides one on one counselling, safety planning for clients, and appropriate agency referrals as necessary.

Parenting/Children

Prince Albert Children's Haven – 24 Hour Child Crisis Center

3 Elmwood Avenue

Prince Albert, SK S6V 7Z1

Phone: 306-922-4454

Email: chcc@sasktel.net

<https://www.pachildrenshaven.ca>

This agency provides emergency care for children up to age 12 when a family crisis occurs. Services offered for children include basic needs and supervised activities. Services are also offered for parents and families that involve consultation and support, as well as informational classes. The facility can accommodate up to 17 children at one time.

Battle River Treaty 6 Health Centre

1192 101st Street

North Battleford, SK S9A 0Z6

Phone: 306-937-6700 or 1-855-937-6700

<https://brt6hc.ca>

Battle River Treaty 6 Health Centre is a First Nations owned and operated health services organization providing community based health services to promote, support, and encourage the physical, mental, social and spiritual health. They run the Head Start program, which focuses on families with young children. Home Visitors will aid parents in interacting with their children and creating healthy family relationships. They also run similar family-centered programs at the Health Centre, where Elders are available to pray and model culture to parents and children.

Crisis Nursery

1020 Victoria Avenue

Saskatoon, SK S7N 0Z8

Phone: 306-242-2433

Email: lisa@crisisnursery.ca

<https://crisisnursery.ca>

Crisis Nursery is a safe place for children aged 0-12 years to go while their parents receive the help they need during crisis situations. This agency offers resources and assistance in managing crisis or ongoing needs. All services are free and confidential and include nutritional meals and snacks, clothing and shoes (if needed), and a safe supervised place to play.

Supervised Access/Exchange Program – Family Justice Services

323 - 3085 Albert Street

Regina, SK S4S 0B1

Phone: (306) 787-9416

701 - 224 4th Avenue S.

Saskatoon, SK S7K 2H6

Phone: 306-933-5930

The Supervised Access/Exchange Program is a service facilitated by social workers and trained observers to ensure that children have access to their non-custodial parent in a safe setting. Exchanges of the child may be supervised so the child does not have to see any conflict or violence between their parents. Parents can access supervised exchange services by agreement or by a court order. Supervised visits may occur at one of the access centres located in Regina or Saskatoon. Parents can only use the supervised access service if the court orders them to use the service.

Alberta

Support Lines

Alberta Provincial Abuse Helpline	1-855-4HELPAB (1-855-443-5722)
Family Violence Information Line	780-310-1818
Mental Health Help Line	1-877-303-2642
Health Link	811
Alberta One Line for Sexual Violence	1-866-403-8000

Victim Services

Alberta Police Based Victim Service Programs offer information, support and local referrals for victims of crime and tragedy in accordance with the guidelines outlined in provincial legislation regarding victim rights and the *Canadian Victims Bill of Rights*. All Alberta police-based victim service programs utilize the services of highly trained volunteers to provide a 24/7 response to victims of crime and tragedy. Volunteers provide a variety of services, from the time of first response by police, to the final disposition of the case by the courts.

Alberta Line	403-632-9760
Blood Tribe Police (Standoff)	403-737-8814
Calgary	403-428-8617
Camrose	780-672-4570
Edmonton	780-421-2217
Fort McMurray	780-788-4040
Lacombe	403-782-3279
Lethbridge	403-330-5023
Medicine Hat	403-529-8480
Maskwacis First Nations	780-585-4640
Piikani Nation	403-965-2001
Sunchild O'Chiese First Nation	403-844-4421

Shelter/Housing

Shelters for Men Experiencing Violence/Abuse

There are five co-ed shelters in Alberta that provide accommodation and support services to men and women who experience intimate violence and their children. In addition, there are two shelters for seniors.

Cantara Safe House – Brooks and District Women’s Safe Shelter Society

P.O. Box 1045

Brooks, AB T1R 1B8

Phone: 403-362-2766

Crisis Line: 403-793-2232

Email: bdwsss@shaw.ca

<http://cantarasafehouse.ca>

Cantara Safe House offers a 24 Hour crisis line, short-term emergency shelter, support groups, and outreach support. This shelter is gender inclusive with and offers services to individuals or families in abusive relationships. Accommodation is available for up to 21 days while individuals are provided with support, information, and assistance in planning for their next steps.

Medicine Hat Women’s Shelter Society

P.O. Box 2500

Medicine Hat, AB T1A 8G8

Help line: 403-529-1091

Toll-Free: 1-800-661-7949

Email: info@mhwss.ca

<http://www.mhwss.ca/index.html>

This gender inclusive shelter offers emergency shelter at Phoenix Safe House where 30 beds are available for individuals experiencing family violence. All of their services are also offered to men. These include outreach services, drop in appointments and a 24-hour helpline that can be accessed by anyone who has experienced domestic violence. Safety planning and referrals to other community resources are available.

Jessie’s House

(No Public Address)

Morinville, AB

Phone: 780-939-2870

24-Hour Crisis Line: 1-866-939-2850

Email: info@jmmf.ca

Jessie's House is a 35-bed facility which provides shelter and trauma-informed services to individuals, of any age or gender, and families fleeing violence or abuse. Jessie's House also provides a broad range of services including: outreach, case management, court support and specialized supports for children. Although they mainly serve individuals and families from the Sturgeon Region and St. Alberta area, residents outside these regions are supported as capacity permits.

Wheatland Crisis Society (Strathmore Shelter)

P.O. Box 2162

Strathmore, AB T1P 1K2

Crisis Line: 403-934-6634

Toll Free: 1-877-934-6634

Email: wcs.general@wcsab.ca

<http://strathmoreshelter.com>

The Wheatland Crisis Society provides ongoing gender inclusive supports and services to women, men, and children who have experienced family abuse. The Wheatland Crisis Society provides short-term shelter, food, clothing, crisis counselling and referral and advocacy to victims of domestic violence and abuse. The program welcomes male victims, though admission to the shelter will depend on client's eligibility and availability of rooms. Individuals are encouraged to contact the shelter to complete an assessment prior to intake, but the 24-hour crisis line is available at all times.

Bow Valley Women's Emergency Shelter (YWCA Banff)

Box 520

Banff, AB T1L 1A6

Phone: 403-760-3200

403-762-3560 (after hours)

<http://ywcabanff.ca/programs-services/emergency-shelter/>

The Bow Valley Emergency Shelter is a safe space for people who are fleeing domestic violence. Any individual from the Bow Valley area who is experiencing emotional or physical abuse and needs somewhere safe to stay is welcome. The team will provide clients of the shelter with confidential, supportive counselling and give them appropriate referrals to other community services. YWCA Banff also offers the Intimate Relationships Program, which is designed to educate the community on intimate partner violence and abuse, as well as increase awareness of the supports available in Bow Valley.

Sage Senior Safe House

15 Sir Winston Churchill Square (Main Office)

Edmonton, AB T5J 2E5

Phone: 780-702-1520

Senior Abuse Helpline: 780-454-888

Email: info@MySage.ca
<https://www.mysage.ca/help/seniors-safe-house>

The Seniors Safe House is a seven suite facility for seniors over 60 years of age who are leaving abusive situations. Sage provides seniors with shelter and support for 60 days. Suites are fully furnished and stays includes all meals and toiletries. Social workers are on site to provide support and assistance with areas of life that have been affected by abuse, such as financial, housing, emotional support and counselling.

Kerby Rotary Shelter

1133 – 7 Avenue S.W. (Main Office)

Calgary, AB T2P 1B2

Phone: 403-265-0661

Crisis Line: 403-705-3250

Email: info@kerbycentre.com

<https://www.kerbycentre.com/>

Kerby Rotary Shelter provides a safe place for men and women of over 55 years of age who are fleeing abuse. In addition to accommodation, seniors are provided with 24 hour support that includes crisis intervention, advocacy, housing and financial support, life skills training, and medical referrals and community connections. These services are provided for up to 60 days.

Homeless Shelters

Homeless shelters may provide emergency shelter for men, but they do not provide intimate partner violence specific services and do not always allow men to be accompanied by their children.

Inn from the Cold

Suite 106-110 11th Avenue SE

Calgary, AB T2G 0X5

Phone: 403-263-8384

Email: info@innfromthecold.org

This shelter is specifically designed for families and children who are in crisis or experiencing homelessness and need a place to stay. They provide shelter, nutritious food, clothing, medical care, and access to education. Case managers on-site can connect families to appropriate community resources such as immigration services, addiction treatment programs and mental health support. Inn from the Cold also operates Journey House, which has a 10 unit apartment building that accommodates families who are in transition from having no place to live to being at home in the community.

Hope Mission

9908-106th Avenue

Edmonton, AB T5J 2L8

Phone: 780-422-2018

Email: reception@hopemission.com

The Hope Mission emergency shelter provides a safe place to sleep for those who are in crisis or living on the street. Practical care and referral services are offered to clients and the shelter provides sleeping space for over 300 people. Separate shelter areas are available for men and women, but the shelter currently cannot accept children.

Calgary Drop-In and Rehab Centre

1 Dermot Baldwin Way SE

Calgary, AB T2G 0P8

Phone: 403-266-3600

Email: info@calgarydropin.ca

The Calgary Drop-In Centre offers 24/7 building access and care to the clients who may have nowhere else to stay. They provide temporary beds to men and women who would otherwise be forced to sleep elsewhere. They also offer victim services in partnership with the Calgary Police Service. These services are directed toward homeless individuals who have been victims of crime.

Lethbridge Shelter and Resource Centre

802 2A Avenue N

Lethbridge, AB T1H 0C9

Phone: 403-327-1031

This facility provides emergency accommodations for individuals who need a place to stay. In addition to accommodation and support, meals, toiletries and clothing are also available.

Salvation Army Centre of Hope

420 9th Avenue

Calgary, AB T9H 1S7

Phone: 403-410-1111

This residential program provides accommodations for homeless men in short-term emergency housing for up to 30 days. Men then have the option for paying for a transitional, longer-term bed. Men's residential staff work with men to increase their confidence and skills to build a future for themselves.

Salvation Army Centre of Hope

737 8 Street SE

Medicine Hat, AB T1A 1M6

Phone: 403-526-9699

This residential program provides accommodations for homeless men in short-term emergency housing. Staff work with men to help them to build a future and try to meet their emotional, spiritual and practical needs.

Salvation Army Community Services Centre

9919 MacDonald Avenue

Fort McMurray, AB T9H 1S7

Phone: 780-743-4135

The men's emergency shelter assists men seeking employment and looking for change in their lives. They provide support, meals, showers, and emergency clothing and toiletries and strive to meet men's emotional, spiritual, and practical needs.

The Mustard Seed Foothills Shelter

7025 44 Street SE

Calgary, AB T2G 0V8

Phone: 403-723-9422

Email: info@theseed.ca

6002 54 Avenue

Red Deer, AB T4N 4M8

Phone: 403-347-1844

Email: InfoRedDeer@theseed.ca

The Mustard Seed provides emergency shelter for individuals experiencing homelessness. In addition to accommodation, services also include providing basic needs (food, clothing, and hygiene items), education, employment programs, health and wellness services, and spiritual care

Rotary House

10101 97A Street

Grande Prairie, AB T8V 0X3

Phone: 780-539-6777

This facility is currently able to accommodate 140 adult clients per night. There are emergency beds, short term beds (semi-private suites), and permanent supportive bachelor suites. Outreach workers and a clinic that is professionally staffed are also available for clients.

Children's Cottage Society

Main Office
204-2120 Kensington Road NW
Calgary, AB T2N 3R7
Phone: 403-283-4200

Crisis Nursery- Bridgeland
845 McDougall Road NE
Calgary, AB T2E 5A5
24 Hour Crisis Line: 403-233-2273

Brenda's House - Killarney
1921 28th Street SW
Calgary, AB T3E 2H1
Phone: 403-242-8575

Email: admin@childrenscottage.ab.ca
<http://childrenscottage.ab.ca>

Children's Cottage Crisis Nursery is a 14-bed facility that provides families facing crisis with short-term care for their children aged 0-8 years, as well as referrals and resources to aid in overcoming the crisis. Children can stay up to 72 hours and there are no fees. Brenda's House is a family shelter for families with children under 18 years of age who are currently experiencing homelessness. Childcare support, nutritious meals, private rooms, and information and referrals are used to help in achieving permanent housing.

Counselling/Support

Note: Women's shelters in Alberta do not share the same universal mandate. Each shelter has its own protocol and guidelines regarding the provision of service to men and will provide service to the best of their ability. This may include providing counselling, group programs, referrals, and referrals for emergency accommodations in hotels or homeless shelters.

Awo Taan Healing Lodge and Women's Shelter

4518 17th Avenue SE (Healing Lodge site) // P.O. Box 6084
Calgary, AB T2H 2L3
Phone: 403-531-1970 ext. 200
Crisis Line: 403-531-1972 or 403-531-1976
www.awotaan.org

The Awo Taan Women's Shelter is only able to accommodate women and children on-site, but men can access their 24 hour helpline, as well as the Healing Lodge, which offers programs in partnership with the Parent Link Centre. They offer programs related to child development and care, as well as healing circles and parenting programs where childcare is provided. They also have many programs focused on family violence prevention that are gender inclusive.

Mountain Rose Women's Shelter Association

P.O. Box 325

Rocky Mountain House, AB T4T 1A3

Phone: 403-845-5339

Crisis Line: 1-877-845-4141

Mountain Rose's emergency shelter is designed for women and children. However, their outreach services and programs are accessible to anyone at their main office. Both men's groups and women's groups are offered and everyone is welcome to attend. If men are in need of emergency shelter, the agency may be able to arrange transport to homeless shelters in Red Deer.

Calgary Women's Emergency Shelter

93031 RPO Stampede

Calgary, AB T2G 0X6

Phone: 403-290-1552

Family Violence Helpline: 403-234-7233 (SAFE)

Toll-Free: 1-866-606-7233

Email: info@cwes.ca

This shelter offers many healing and prevention programs to the community. Their emergency shelter is only available to women, but their 24 hour family violence helpline is designed for anyone experiencing abuse who is reaching out for support. A counsellor on the helpline provides support, information and referrals, escape and safety planning, and support in leaving an abusive partner. They also have Court Case Coordinators who can assist people who may need help navigating the court system.

Sheriff King Home (YWCA Calgary)

2003-16th Street SE (office address)

Calgary, AB T2G 5B7

Phone: 403-266-4111 (information line)

Crisis Line: 403-266-0707

Email: ywca@ywcalgary.ca

YW Sheriff King Home is a short-stay crisis shelter for women and children fleeing domestic violence. The shelter cannot currently accommodate men, but will generally refer them to the Strathmore Shelter or arrange safe transport to that shelter if possible. Men can call their 24 hour crisis line for assistance and information; they can also access both family and individual counselling offered by YWCA Calgary. Affordable and flexible rates are offered, as well as fees on a sliding scale if necessary.

Camrose Women's Shelter Society

P.O. Box 1405

Camrose, AB T4V 1X3

Phone: 780-679-4975 ext. 8

Crisis Line: 780-672-1035

Toll-Free: 1-877-672-1010

www.camrosewomenshelter.org

The Camrose Women's Shelter exists to assist individuals and families experiencing family violence through their emergency shelter, as well as counselling and outreach services. They currently do not accommodate men, but do provide off-site counselling, as well as support to men experiencing abuse through their 24 hour crisis line.

Dr. Margaret Savage Crisis Centre

Box 419

Cold Lake, AB T9M 1P1

Phone: 780-594-5095

Helpline: 780-594-3353

Email: info@dmscc.ca

www.dmscc.ca

Cold Lake Community Support Program

Phone: 780-594-5095

Email: outreach1@dmscc.ca

Bonnyville Community Support Program

Phone: 780-826-2656

Dr. Margaret Savage Crisis Centre provides emergency shelter for and programming for women with or without children who are fleeing domestic violence or who are in a life crisis. Men who contact the helpline are provided with support and information about services available in the area. A Better Way Men's Group is a prevention program which provides men with information, skills and resources for healthy relationships and peaceful conflict resolution. Community support programs are available to men in Cold Lake and Bonnyville and provide non-residential support services to men who are in an abusive relationship. Services in these programs can be received in-person or by telephone and include information about domestic abuse, community resources and healthy lifestyles.

Safe Home

P.O. Box 396

High Level, AB T0H 1Z0

Phone: 780-926-2277

Crisis Line: 780-926-3899

Toll-Free: 1-888-926-0301

safehome@telusplanet.net

Safe Home offers shelter and counselling 24 hours a day to women in crisis and their children. They currently do not accommodate men over the age of 18, but they do provide support to everyone through their crisis line. When accommodations are required, they refer men to Alberta Works to help with emergency accommodations and to shelters in larger areas that do accept men. They also provide education on family violence and dating violence to all communities in provincial Region 17.

Rowan House Emergency Society

P.O. Box 5121

High River, AB T1V 1M3

Phone: 403-652-3316

24-Hour Crisis Line: 403-652-3311

Toll-Free: 1-855-652-3311

Rowan House is a short-term women's emergency shelter in Southern Alberta which provides a safe and supportive environment for women and their children fleeing domestic violence. Men can call or text the crisis line to receive support and referrals.

Harbour House (YWCA Lethbridge)

604 8th Street S (office address)

Lethbridge, AB T1J 2K1

Phone: 403-329-0088

Crisis Line: 403-320-1881

Toll-Free: 1-866-296-0447

Email: inquires@ywcalethbridge.org

Harbour House is a 24-bed crisis unit for women and children involved in abusive intimate partner relationships. Families at the shelter are provided with accommodations for up to 21 days and staff are available at all times for counselling and support. Men can access their 24 hour crisis line and the education-based counselling services provided through YWCA Outreach. Services are free of charge and always confidential.

Peace River Regional Women's Shelter Society

P.O. Box 7738

Peace River, AB T8S 1T3

Phone: 780-624-3466

Toll-Free: 1-877-624-3466
<http://prrws.com/index.html>

This shelter is a 24 bed facility that offers short term accommodation to women and children in need. Advocacy, referral to other agencies, and risk assessment/safety planning is provided. Men are encouraged to call the 24-hour help line to receive assistance and referrals.

Pincher Creek Women's Emergency Shelter Association

P.O. Box 2092
Pincher Creek, AB T0K 1W0
Phone: 403-627-2114
Toll-Free: 1-888-354-4868
Email: pcwesa@telusplanet.net
www.pcshelter.ca

Pincher Creek Women's Emergency Shelter Association provides safe shelter and support services for women and children fleeing violent or abusive situations. They offer 24-hour counselling and crisis line, crisis intervention, in-house support groups, outreach and advocacy services, as well as educational workshops on family violence. Men can receive information and support by contacting the crisis line.

Central Alberta Women's Emergency Shelter

P.O. Box 561
Red Deer, AB T4N 5G1
24-Hour Toll-Free Helpline: 1-888-346-5643
Crisis Text Line: 403-506-0485
Email: generalinfo@cawes.com
<http://www.cawes.com>

The Central Alberta Women's Emergency Shelter offers safe refuge, counselling and community support for families experiencing family violence. The shelter provides numerous programs and services for women and their families who have been impacted by violence and abuse. These include, including emergency shelter, crisis intervention and counselling, child support and family enhancement programming, information and referrals to appropriate resources, as well as outreach services and follow-up programming. Men can receive information and support through the crisis line.

Northern Haven Support Society

1004 11 Ave SE// P.O. Box 1433
Slave Lake, AB T0G 2A0
 Phone: 780-849-4418
 Crisis Line: 1-877-214-4418
 Email: northernhaven@hotmail.com

Northern Haven is a women's shelter for women and children in crisis. They currently do not accept men, however, their toll-free crisis line is available to anyone. They can also refer individuals to outreach programs and counselling services.

Columbus House of Hope (Capella Centre)

P.O. Box 1237
St. Paul, AB T0A 3A0
 Phone: 780-645-5132
 Crisis Line: 1-800-263-3045
 Email: support@capellacentre.ca
<https://capellacentre.ca/>

This shelter offers emergency lodging for women and children fleeing from domestic violence. As an extension of the Capella Centre, counselling—both individual and in groups—is offered. The Centre also provides support groups and cultural programs to families needing support, as well as to anyone in the community.

Safe Haven Women's Shelter Society

P.O. Box 4113
Taber, AB T1G 2C6
 Crisis Line: 403-223-0483
 Outreach Email: outreach1@tabersafehaven.ca, outreach2@tabersafehaven.ca
<http://www.tabersafehaven.ca/>

Safe Haven Shelter believes every individual has the right to be free from abuse, especially within their own families. Though this shelter is currently only taking in women and children during emergency situations, men can receive services through their Community Outreach Program. Outreach workers will work with individuals to address underlying causes of abuse so that rates of violence can be reduced. They also operate the Safe Families Intervention Team Taber (SFITT) which provides services that encompass all family members exposed to violence.

Lurana Shelter Society

P.O. Box 99540

Edmonton, AB T5B 0E1

Phone: 780-422-7263

Crisis Line: 780-424-5875

Email: info@luranashelter.com

<http://www.luranashelter.com>

This shelter is designed for women and children; however their counseling and outreach services are for anyone who has experienced abuse or domestic violence. Community outreach provides practical and emotional supports for those in the community who have not been in the shelter. Supports may include introduction to community resources, safety planning, and liaising with other agencies.

Crossroads Resource Centre and Women's Shelter

P.O. Box 1194

Fairview, AB T0H 1L0

Phone: 780-835-2120

Crisis Line: 1-877-835-2120

www.crossroadsresourcecentre.com

Crossroads provides emergency shelter for women and their children who have experienced violence and abuse. The shelter provides a safe and comfortable place to stay, food and other essentials, assistance with transportation and childcare, advocacy and accompaniment to appointments and court, individual and group support, skill building and referrals. Crossroads' Outreach Program is designed for people who have experienced abuse or are at risk of experiencing abuse, but are unable to come into the shelter or who are not in need of housing. The outreach services involve advocacy and court support, referrals to other community agencies and life skills training. Men can also access 24-hour crisis counselling through the gender inclusive helpline. If emergency shelter for men is required, the agency has partnered with a local ministerial group that may be able to provide shelter.

Waypoints

Treaty 8, 100-130 Prospect Drive

Fort McMurray, AB

Phone: 587-537-8903

Family Violence Crisis Line: 1-780-743-1190

Sexual Trauma Support Line: 1-780-791-6708

<https://www.waypointswb.ca>

Waypoints is a social profit organization working to end domestic-family violence, sexual assault, abuse and homelessness. They operate Unity House, an emergency shelter for women and their children escaping abuse. Men can call the 24-hour family violence crisis line and receive service through the Domestic-Family Violence Outreach Program which provides support to individuals who are experiencing or have experienced any form of domestic-family abuse, including child abuse, intimate partner violence, or relationship conflicts. Services include support, case management, individual trauma counselling, group programming and advocacy.

Hope Haven

P.O. Box 2168

Lac La Biche, AB T0A 2C0

Phone: 1-866-727-4673

Crisis Line: 780-623-3100

<http://www.hopehavenllb.com>

Hope Haven offers emergency shelter to women and children only, but both women and men are encouraged to call their 24 hour crisis line if they are in need. Additionally, the agency runs a community family violence program that is designed to help families heal from domestic violence and build healthy relationships. They also run a series of programming for men and women in separate groups that takes place over 12 weeks, approximately 3 times a year. The dynamics and consequences of domestic abuse are explained to both groups and practical tools are included to facilitate healthy relationships.

Wellspring Family Resource and Crisis Centre

5116 51st Avenue

Whitecourt, AB T7S 1A1

Phone: 780-778-6209

Crisis Line: 1-800-467-4049

<http://whitecourtshester.ca/>

Wellspring programs include an emergency shelter for women and their children which does not accommodate men. However, Wellspring partners with the Whitecourt Ministerial Association to facilitate the Community Assistance Program for those who are experiencing crisis and do not fit the mandate of other agencies or shelters. Wellspring also has an Outreach and Youth Outreach Program that

provides intensive case management service, to women, men and youth in Whitecourt and the surrounding communities with priority given to those who have experienced family violence. Services include education, emotional support, information on family violence and its effects, referrals to other agencies for ongoing support or assistance, advocacy and assistance with immediate access to basic needs and practical supports.

Dragonfly Sexual Assault Services

4808A 50th Avenue

Bonnyville, AB T9N 2G9

Phone: 780-812-3174

Text: 780- 207-7535

Email: info@thedragonflycentre.com

<http://www.thedragonflycentre.com>

This agency is open to all men, women, and children who have been impacted by sexual violence. Services are free and confidential. Crisis intervention, support, and counselling services are offered and appointments may be made for staff to travel to meet survivors in several communities. Distance counselling services may also be provided.

Calgary Communities Against Sexual Abuse (CCASA)

Northland Building

Suite 700-910 7th Avenue SW

Calgary, AB T2P 3N8

Phone: 403-237-6905

Toll Free: 1-877-237-5888

Email: info@calgarycasa.com

<http://www.calgarycasa.com/>

This agency offers free individual counselling to any individual over the age of 12 who has been affected by sexual violence. CCASA offers specialized counselling and support for male survivors of sexual violence through both individual and group counselling. There is a small, sliding scale fee for group counselling. The Calgary Sexual Response Team (CSART) is specialized to provide care to individuals who have been recently sexually assaulted (within the past 96 hours).

Calgary Counselling Centre

1000-105, 12th Avenue SE

Calgary, AB T2G 1A1

Register for counselling: 833-827-4429

Reception: 403-265-4980

Men's Outreach Phone: 403-691-5964 or 403-651-8075

Email: mens.outreach@calgarycounselling.com

<https://calgarycounselling.com>

The Calgary Counselling Centre offers individual, family, and couple counselling through various programs. Turn for the Better is a group counselling program for men who have experienced violence in an intimate relationship. The Male Domestic Abuse Outreach Program provides support to men and their families who are experiencing any form of domestic abuse including physical, emotional, verbal, sexual or financial abuse. Services provided by this outreach program may include safety planning, domestic violence education, individual and group counselling, referrals to housing, legal aid and financial support. Services are available to men who live in Calgary and surrounding areas. The program has no wait-list and there are no financial barriers for access to services.

HomeFront

#501 620 7th Avenue SW

Calgary, AB T2P 0Y8

Phone: 403-206-2100

Email: info@homefrontcalgary.com

HomeFront works alongside the criminal justice system including police and victim services, and other community partners to aid in freeing the community from family violence. Clients access the service through direct referrals from Calgary Police. Often a case manager is assigned to victims, particularly when charges are being laid and the case is entering into the justice system. Individuals will be supported and guided through the court process and their safety and well-being will always be prioritized. Clients are also given referrals to other community programs, as well as information about potential next steps in their lives. HomeFront also partners with Calgary's Specialized Domestic Court to ensure appropriate and timely responses to domestic violence incidents.

John Howard Society Family Violence Prevention Centre

#401, 10010-105 Street

Edmonton, AB T5J 1C4

Phone: 780-423-1635

<https://johnhoward.org/programs-services/family-violence-prevention-centre/>

The Family Violence Prevention Centre (FVPC) provides free services to individuals experiencing family violence. Some of the services that FVPC provides include:

Outreach Supports through ongoing support and advocacy; a Furniture Program for individuals and families who have recently fled a violent situation; a Partner Check Outreach Program to offer support for the partners of individuals in treatment for abuse; and a Domestic Violence Complainant Assistance Program to provide support and advocacy from trained court workers to assist in navigating the court processes.

City of Edmonton - Men's Support Services

Edmonton, AB

Phone: 780-496-4777

Email: mensgroups@edmonton.ca

<https://www.edmonton.ca/familysupport>

The city of Edmonton offers a variety of support programs for men including Men Without Hats, a drop in group for men experiencing challenges in life such as separation, relationships, communication, and being a good dad. The Men's Group "From Chaos to Peace" is a registered educational support group for men who have experienced abuse in their intimate relationships. The group brings men together to listen, support, and encourage one another in a safe and confidential setting.

The Family Centre

20-9912 106th Street NW

Edmonton, AB T5K 1C5

Phone: 780-900-6129

<https://www.familycentre.org>

The Family Centre offers a variety of counselling and family support programs. There is free single session drop-in counselling and goal-oriented counselling with a mental health therapist which is free for the first session. They also have therapeutic groups for both men and women who are experiencing challenges in their relationships. These do come with a fee, but subsidies may be available based on the agency's sliding scale.

Sexual Assault Centre of Edmonton

Suite 205-14964 121A Avenue

Edmonton, AB T5V 1A3

Phone: 780-423-4102

Crisis Line: 1-780-423-4121

Email: info@sace.ca

<http://www.sace.ca>

This agency offers up to 15 individual counselling sessions and group counselling as well as court support for all individuals who have experienced sexual abuse. All counselling and group services are free of charge. The Men's Group focuses on reducing shame and isolation and is run once per week for approximately 11 weeks. This group is open to men who have experienced sexual abuse as a child or as an adult.

University of Alberta Sexual Assault Centre

2-705 Students' Union Building (SUB), University of Alberta
Edmonton, AB T6G 2J7
 Phone: 780-492-9771
 Email: sexualassaultcentre@ualberta.ca

The University of Alberta Sexual Assault Centre support for survivors of sexual violence through providing drop-in crisis intervention. Their services are available to people of all genders, sexualities and backgrounds, and operate from a feminist, anti-oppressive, trauma-informed and person-centred framework. All services are free of charge.

The Red Road Healing Society

10045 156 St NW
Edmonton, AB T5P 2P7
 Phone: 780-471-3221

The Red Road Healing Society is a non-profit child and family resource centre which offers numerous community-based services to assist in supporting and creating change for adults, youth, children and families. Their mission is to remember, renew and restore Indigenous traditional roles and values and to continually move forward in a healthy way. They offer various outreach, mentor and crisis programs, including family violence workshops, healing circles, survivor workshops, and child and parenting programs.

Pace - Community Support, Sexual Assault, and Trauma Centre

10031 103rd Avenue
Grande Prairie, AB T8V 1B9
 Phone: 780-539-6692
 Peace Country Sexual Assault Help Line: 1-888-377-3223
 Email: askpace@pacecentre.com
<http://www.pacecentre.com>

Pace offers support services, short-term counselling, and longer-term therapy for all individuals who have experienced sexual violence. Sessions are generally capped at 24 sessions and are free of charge or on a sliding scale fee, depending on the client's circumstances. Their family support program also offers in-home support to ensure the safe and healthy development of children in the home, as well as supervised visits for family members that may be at risk of harm without monitors present.

Central Alberta Sexual Assault Support Centre

A201, 5212 48th Street

Red Deer, AB T4N 7C3

Phone: 403-340-1124

24-hour sexual assault crisis line: 1-866-956-1099

Email: casasc@casasc.ca

<http://www.casasc.ca/>

Central Alberta Sexual Assault Support Centre offers one-on-one crisis and short term counselling as well as support for victims of sexual assault and their families. All counselling services are free of charge with male and female counselors. Group counselling is offered when seen as appropriate by a counselor.

Sexual Assault Response Committee

640 3rd Street SE

Medicine Hat, AB T1A 0H5

Phone: 403-548-2717

Email: info@LiveNewell.com

<http://www.mhsarc.com>

Sexual Assault Response Committee is an organization which utilizes a collaborative, action-focused response to promote healthy relationships and end sexual violence and all other forms of family violence or abuse. Some of the services and resources that the Sexual Assault Response Committee offer include: individual therapy, group supports, education programs targeted to all ages, as well as workshops focused on how to respond to, report, and recognize the signs and long-term impacts of sexual violence.

Women's Outreach Society

4101-54th Avenue

Red Deer, AB T4N 7G3

Phone: 403-347-2480

Toll-Free: 1-866-347-2480

Email: info@womensoutreach.ca

<https://www.womensoutreach.ca>

Women's Outreach offers a number of programs and services to address domestic violence. While many of the programs and services are offered to women, the Men's Support Group is a psychoeducational program for male victims of violence in an intimate partner relationship. This program focuses on therapeutic change for men who want to be part of a healthy relationship and have a non-abusive future. The Men's support Group is offered for 8 consecutive weeks.

Stepping Up – North Peace Society for the Prevention of Domestic Violence

9613 100 Street

Peace River, AB T8S 1S4

Phone: 780-624-8235

Email: info@prsteppingup.ca

Stepping Up is a 16-week group therapy program for individuals aged 18 years and older who have been affected by family violence. This program supports personal growth and change through enhancing the skills and values of compassion, respect and equality. The goal of the program is to build healthy relationships free from violence and abuse.

Saffron Centre

110-222 Athabasca Avenue

Sherwood Park, AB T8A 4C9

Phone: 780-449-0900

Toll Free: 1-888-416-7722

SACE Crisis Line: 780-423-4121

Email: publiced@saffroncentre.com

<http://saffroncentre.com>

Saffron Centre offers one-on-one counselling, group therapy, and art therapy for individuals who have been affected by sexual abuse. Counselling services are offered on a sliding scale basis and are capped at 20 sessions per client. No referral is necessary.

Parenting/Children

Men's Educational Support Association

3111 12th Avenue SW
Calgary, AB T3C 0S5
Phone: 403-228-6366
Email: info@mesacanada.com

MESA 's main objective is to provide support to fathers and children, who are caught in domestic abuse. They acknowledge that domestic violence can come from any source and seek to validate the emotional and physical abuse that men may experience. They also provide community support to fathers who are fighting for their right to see their children or obtain custody rights. Their programs include counselling referrals, an access monitoring program, and a parent-child access centre.

YWCA's Family Access Services

320 5th Avenue SE
Calgary, AB T2G 0E5
Phone: 403-206-2767

This visitation program provides safe and supervised visits and exchange services for families who are going through difficult transitions or experiencing conflict. This is most often in regards to situations where custodial agreements or safety issues are a concern. The program helps facilitate visits between children and non-custodial parents in a safe environment. Both parents must contact the program to register and there will be fees associated with supervised visitation, although not with monitored exchanges.

Family Connections INC

105, 13245 140 Avenue
Edmonton, AB T6V 0E4
Phone: 780-413-6140
Email: info@familyconnectionsinc.ca
<http://www.familyconnectionsinc.net/>

This agency provides court-ordered supervised access for families that require this service, typically due to domestic violence or high conflict situations. Their program offers a strength-based approach that allows parents to visit with their children in a safe environment. They also offer many group, family, and community programs that are focused on family reunification and the emotional health of every individual.

Kids Kottage

10107 – 134th Avenue
Edmonton, AB T5E 1J2
Phone: 780-448-1752
Crisis Line: 780-944-2888
Email: info@kidskottage.org
<https://www.kidskottage.org>

Kids Kottage is a crisis nursery that offers emergency respite to families in crisis by admitting their children, up to 11 years of age, for up to 72 hours. This service is free of charge and follow-up supports are available for parents.

Safe Visitation (YWCA Lethbridge)

604 8th Street S
Lethbridge, AB T1J 2K1
Phone: 403-329-0088
<http://programs.ywcalethbridge.org/safe-visitation-1>

YWCA's Safe Visitation program provides a safe, child-friendly space for non-custodial parents to visit their children and work on building a healthy relationship. Parent-child time is supervised by two professionals to ensure the visit is stress-free. Referrals can be through the court system or through other agencies; self-referrals are also accepted. There are no fees associated with the program.

Safe Visitation and Monitored Exchange (Women's Outreach Society)

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>

The Safe Visitation program of the Women's Outreach Society is an impartial program that allows children to continue visiting non-custodial parents in a supportive environment in situations when families are dealing with the impact of domestic violence in Central Alberta. The Monitored Exchange program safely transitions children from one parent to another to eliminate the children from witnessing a negative interaction between the parents.

Dragonfly Children's Healing Centre (Women's Outreach Society)

4101-54th Avenue

Red Deer, AB T4N 7G3

Phone: 403-347-2480

Toll-Free: 1-866-347-2480

Email: info@womensoutreach.ca

<https://www.womensoutreach.ca>

The Dragonfly Children's Healing Centre strives to nurture, protect, enrich, educate and provide healing avenues for children and youth who are experiencing trauma from domestic violence, homelessness, and suicide.